



Alexandria Studio  
2417 Mt. Vernon Avenue  
Alexandria, VA 22301  
703.739.7601  
Fax: 703.739.7602

www.studiobodylogic.com

Arlington Studio  
4600 N.Fairfax Dr, Ste 210  
Arlington, VA 22201  
703.527.9626



## Alexandria & Arlington Schedule

April 5 – July 3, 2020

*SUBJECT TO CHANGE –*

### **SPRING 2020 Pilates Mat & Barre Body®**

#### Alexandria Pilates Mat Schedule

<b>Monday: begins April 6 – June 29 (Closed May 25)</b>	<b><u>12 WEEKS</u></b>
11:15-12:05pm Intermediate Mat w/ Springs – Kyoko	\$312
7:15- 8:05pm Beg/Int Pilates Mat - Kathryn	\$252
<b>Tuesday: begins April 7 – June 30</b>	<b><u>13 WEEKS</u></b>
10:15-11:05am Beg/Int Pilates Mat -Jessie	\$273
7:15-8:05pm Beg/Int Pilates Mat w/ Springs - Donna	\$338
7:15-8:15pm Beg/Int Reformer Class – Dana	\$436
<b>Wednesday: begins April 8 – July 1</b>	<b><u>13 WEEKS</u></b>
10:15-11:15am Evolved Sculpt - Kim	\$273
6:15-7:05pm Int/Adv Pilates Mat - Jessie	\$273
7:15- 8:05pm Beginning-Beg/Int Mat - Jessie	\$273
8:15-9:05pm Open Level Mat w/ Springs - Jessie	\$338
<b>Thursday: begins April 9 – July 2</b>	<b><u>13 WEEKS</u></b>
9:15-10:05am Intermediate Pilates Mat - Jessie	\$273
7:15-8:05pm Beginning Pilates Mat– Jessie	\$273
7:15-8:15pm Beg. Reformer Class – Dana (7 weeks 4/9-5/21)	\$235
8:15-9:10pm Beg/Int Springs – Jessie	\$338
<b>Friday: begins April 10 – June 26</b>	<b><u>12 WEEKS</u></b>
10:15-11:05am Beginning-Beg/Int Pilates - Jessie	\$252
11:15-12:05pm Beginning/Int Springs – Kyoko	\$312
<b>Saturday: begins April 11 – June 27</b>	<b><u>12 WEEKS</u></b>
9- 9:50am Intermediate Pilates Mat - Kathryn	\$252
10-10:50am Adv Pilates Mat w/ Springs - Kathryn	\$312
10-11:00am Strength & Stability – Kim Curtis	\$252
11-11:50am Beg/Beg-Int Mat Pilates – Kim Curtis	\$252
<b>Sunday: begins April 5– June 28 (Closed April 12)</b>	<b><u>12 WEEKS</u></b>
5:15 – 6:10 pm Barre Body™ 1 - Tanya	\$252

#### Arlington Pilates Mat Schedule

<b>Monday: begins April 6 – June 29 (Closed May 25)</b>	<b><u>12 WEEKS</u></b>
6:00-7:10pm BMD Stretch - Lucy	\$228
7:15-8:05pm Beg/Int Pilates Mat – Karen	\$252
<b>Tuesday: begins April 7 – June 30</b>	<b><u>13 WEEKS</u></b>
12:15- 1:05pm Beginning Pilates Mat - Jane	\$273
6:15 -7:05pm Intermediate Springs – Karen	\$338
<b>Wednesday: begins April 8 – July 1</b>	<b><u>13 WEEKS</u></b>
6:15-7:05pm Beg/Int Pilates Mat – Jane	\$273
<b>Thursday: begins April 9 – July 2</b>	<b><u>13 WEEKS</u></b>
12:15-1:00pm Beg/Int Tower- Kyoko	\$338
<b>Sunday: begins April 5– June 28 (closed April 12)</b>	<b><u>12 WEEKS</u></b>
11:00–11:50am Beginning-Beg/Int – Kim	\$252

#### **Class Make Up Policy:**

Unlimited make-ups for missed mat classes. Make-ups DO NOT carry over to the next session.

**Discounts: Private Students-10%; 2 classes per session-10%; 3 or more classes per session-20%**

#### **Not Applied to Pro-Rated Sessions**

**No refunds or credits after ARP19**  
**except for Military transfers.**  
**No exceptions**

Register Online at:  
[www.studiobodylogic.com](http://www.studiobodylogic.com)