



Alexandria Studio
2417 Mt. Vernon Avenue
Alexandria, VA 22301
703.739.7601
Fax: 703.739.7602

Arlington Studio
4600 N. Fairfax Dr, Ste 210
Arlington, VA 22201
703.527.9626



www.studiobodylogic.com

Studio Body Logic Virtual Schedule

September 8 – December 23, 2020

SUBJECT TO CHANGE –

Fall 2020 VIRTUAL Pilates Mat & Barre Body®

Monday: begins September 14 – December 21	15 WEEKS
11:00-11:50am Intermediate Magic Circle Mat – Kyoko (NEW)	\$375
6:00-7:10pm BMD Stretch – Lucy	\$285
7:30-8:20pm Beg/Int Pilates Mat – Karen	\$315
Tuesday: begins September 8 – December 22	16 WEEKS
10:00-10:50am Beg/Int Pilates Mat – Jessie	\$336
12:00-12:50pm Beginning Pilates Mat – Jane	\$336
6:00-6:50pm Intermediate Mat – Karen	\$336
Wednesday: begins September 9 – December 23	16 WEEKS
10:00-10:50am Evolved Sculpt – Kim	\$336
12:00-12:50pm Foam Roller – Jessie	\$336
6:00-6:50pm Int/Adv Pilates Mat – Jessie	\$336
7:30- 8:20pm Beginning-Beg/Int Mat – Jessie	\$336
Thursday: begins September 10 – December 17 (Closed Nov. 26 th)	14 WEEKS
6:30-7:20am Beg/Int Pilates Mat – Jane	\$294
9:00-9:50am Intermediate Pilates Mat – Jessie	\$294
7:00-7:50pm Beginning Pilates Mat– Jessie	\$294
Friday: begins September 11 – December 18 (Closed Nov. 27 th)	14 WEEKS
10:00-10:50am Beginning-Beg/Int Pilates – Jessie	\$294
11:30-12:20pm Beginning/Int Magic Circle Mat – Kyoko (NEW)	\$350
Saturday: begins September 12– December 19	15 WEEKS
9-9:50am Intermediate Pilates Mat – Kathryn	\$315
10-10:50am Strength & Stability – Kim Curtis	\$315
10:30-11:20am Adv Pilates Mat – Kathryn	\$315
Sunday: begins September 13– December 20	15 WEEKS
5:00–5:55pm Barre Body™ 1 – Tanya	\$315

IN STUDIO CLASS – Alexandria

Tuesday: begins September 8 – October 27	8 Weeks
7:15-8:15pm Beginning/Intermediate Reformer – Dana	\$280
Tuesday: begins November 3 – December 22	8 Weeks
7:15-8:15pm Beginning/Intermediate Reformer – Dana	\$280

(MAX CLASS SIZE 3 PEOPLE)

Class Make Up Policy:

There will be two 45 min Make-up Classes starting week of September 14th. Link will be emailed once you are registered for a class. No other make-ups will be allowed in other classes.

**Make-ups DO NOT carry over to the next session.
Make Up Classes**

Monday 10-10:45am Beginning/Intermediate Mat – Taught by Lissy

Thursday 7:30-8:15pm Beginning/Intermediate Mat – Taught by Sarah

Discounts: Private Students-10%; 2 classes per session-10%; 3 or more classes per session-20%

Not Applied to Pro-Rated Sessions

**No refunds or credits after September 21st
except for Military transfers.
No exceptions**

**Register Online at:
www.studiobodylogic.com**